

Hello! My name is Eleanor. I was born on April 20th 1985.

After being misdiagnosed with Cerebral Palsy (which is a static condition) at age two, I was given the correct diagnosis of Ataxia Telangiectasia (a progressive neurological condition) at age 15.

The diagnostics of AT involved a number of hospital tests and medical procedures.

I have always been interested in medical matters and after gaining five A-C grades at GCSE I progressed to study various modules relating to health care in a higher education establishment. As I proceeded through the modules on my way to a degree, my interest for sports and fitness flourished. I was already going to the gym a couple of times a week at this stage but I decided to drop my studying and explore the world of sports. At this time it was only cycling I longed after, but later this would open up all sorts of avenues to excel in (read more in my blog).

I am involved with various sport organisations and have made contacts to enable me to give something back and volunteer for them.

I feel very grateful to be in this situation and have used my writing skills to publish a blog. This includes my story of diagnosis and how I have dealt with life adversity, right up to my current day achievements and challenges in the sporting world.

As my blog has become a positive outlet for life's achievements, I have started not to say I have AT, but instead say to healthcare professionals I have the ATM mutation. The label of AT has negative connotations attached whereas my life is anything but negative!

I hope you enjoy reading my blog and I have given you a good insight into my life in order to give families and individuals who live with AT hope.

<https://onwardandupwards659756918.wordpress.com/>

Thanks for reading my blog, I hope it's helpful to your situation!